



Petra Verdonk

Fixing the knowledge.

Moving forward a gender perspective in health and care

NWO

Netherlands Organisation for Scientific Research

In VH

landelijk netwerk

VROUWELIJKE HOOGLERAREN

Three fixes (Schiebinger, 2008, p. 5)

- Fixing the numbers
 - Participation of women in science (fix the women)
- Fixing the institutions
 - Gender in the cultures of science
- Fixing the knowledge
 - Gender in the results of science

IN DE

KOPLOPERS

Overhandiging
aan Ministerie v
26 juni 2015

genderspecifieke



Dinsdag 16 juni werd het eerste exa
Gender en Gezondheid door Directe

4 GERELAT

Arts kenn licha

DI 16 JU

T-Mobile 17:56 85% nationalezorggids.nl

U N G NATIONALE ZORGGIDS

Website van het Jaar 2015

Ziekenhuizen

PLEIDO SEKSEV GEZON

Extra geld voor de gezondheid van vrouwen -

17 juni '15

NIEUWS & O

BEELD: SR GA

Alle vrou
genesku
mannenz
behandel
de maat c
Schippers

Er komt extra geld voor de gezondheid van vrouwen. Nadat bekend werd dat de gezondheidszorg de verschillen tussen mannen en vrouwen negeert, trekt minister Schippers van Volksgezondheid extra geld uit om de zorg van vrouwen op een hoger niveau te krijgen. Dat meldt de NOS.

19 November 2015, LNVH-KNAW 'Pump
your career', Amersfoort.

Fixing the knowledge

- Was this actually *not yet* known??!
- Not really...
- Let's go back to the 70s
 - contraceptives, abortion, violence against women, breast cancer, hysterectomies, medicalization
- Gender bias in health care and research



Women's Health Movement

- More women doctors
- Women's health practices
- Lobby for patient-centered care
- Study women's health problems and lives, e.g.
 - urinary incontinence, use of benzodiazepines, gender-based violence, gendered working conditions, ...
- Gender mainstreaming projects



*Van Mens-Verhulst
& Waaldijk, 2008*

*Seksespecifieke
huisartsgeneeskunde
Toine Lagro-Janssen
Petra Verdonk
Practicum huisartsgeneeskunde
een serie voor opleiding
en nascholing
Elsevier gezondheidszorg*

*Lagro-Janssen &
Verdonk, 2007*



Get Fit First Special!

Women's Health

SHARE YOUR BEST

BIKINI BODY NOW!

#1 THE SUMMER POWER FOOD

Highlights: Ashley Greene: What to eat (and the body benefits)

- ✓ Flat, Toned Abs
- ✓ High, Tight Tush
- ✓ Jiggle-Free Arms

Sexy in Slo-Mo
The Secret Steps to Bedroom Bliss

Eat, Drink & Still Shrink!
Light, Satisfying Meals and Fun Low-Cal Cocktails

695
New Beauty, Style, Health, Nutrition, and Fitness Tips!

Flip This Issue Beauty Bonus

Women's Health

Easy Abs Diet

16 Crazy-Hot Sex Moves!

GET-RICH MONEY HABITS
Make More, Save More

SICK OF BEING TIRED?
Tap Into Your Secret Energy Source

Wow!
SCULPT A BUTT THAT DEFIES GRAVITY!

Shape-Up Shortcuts!
14 Tricks to Melt Fat & Tone Muscle Faster!

Health Alert The Silent Threat You Must Hear About

Kristen Bell
Amazing Skin! Trim Bod!
Killer Confidence! Steal Her Tips

JUST
Working Out Tips & Tricks

19 November 2015, LNVH-KNAW 'Pump your career', Amersfoort.

Февраль 2013

Women's Health

РУССКОЕ ИЗДАНИЕ

ГНИ СВОИ ЛИНИИ

КАЖДОЙ ТРЕНИРОВКЕ
ОСОБАЯ РАСТЯЖКА

Бруклин Декер
Антриса

МАЛАЯ РОДИНКА

5

СПОСОБОВ ОТЛИЧИТЬ ПЛОХУЮ ОТ ХОРОШЕЙ

СТР. 52

16+

Смотри, какой!
Мужчины, с которыми стоит заниматься спортом

ФИТНЕС ДЛЯ ЛИЦА
В ПОМОЩЬ ЛЮБОМУ КРЕМУ

КАСАЕТСЯ ТЕЛА | БЕЛЬЕ НА ВСЯКИЙ СЛУЧАЙ

СТР. 38



BRAND NEW LOOK! PLUS \$10,000 GIVEAWAY

100% USEFUL! SINGAPORE SEPTEMBER 2012

Men's Health

SINGAPORE'S NO. 1 MEN'S MAGAZINE MENSHEALTH.COM.SG

30 DAYS TO A 6-PACK
ROCK-SOLID ABS IN RECORD TIME!

BEDROOM CHEMISTRY
ONE FORMULA, MULTIPLE SEXPLSIONS!

STYLE YOURSELF FIT
THE COOLEST SPORTS GEAR MONEY CAN BUY!

THE ULTIMATE NO-GYM WORKOUT
ARMOUR UP YOUR HEART
WITH STEAK & BEER

TRAIN EASIER RUN FASTER!
P114

HARD MUSCLE MADE EASY!
CHEAT SHEET ON P100

15 FLAB-BURNING SUPERFOODS FOR MEN!

ISSN 9 770217 627400

A photograph of a man with dark hair, smiling, wearing a red and grey baseball-style shirt and blue jeans. He is standing in front of the magazine cover, with his hands in his pockets.

19 November 2015, LNVH-KNAW 'Pump your career', Amersfoort.

Women Inc.

- Signalement Vrouwen zijn Anders (*ZonMW, 2012*)
- Women Inc., December 2012
 - advocacy for women's health
 - bringing professionals together '*Care for women!*'
 - involving Ministry of Education, Directorate Emancipation
- Expertmeeting February 2013
 - developing a policy agenda (e.g. *Emancipatiemonitor*)
 - business case



Alliance Women & Health

- Dr. Yolande Appelman Vumc
- Prof.dr. Marrie Bekker, UvT
- Drs. Margo van den Berg, ZonMW
- Drs. Marjolein Blüm, Women Inc.
- Dr. Annelies Bos, UMCU
- Drs. Jeroen Crasborn, Achmea
- Prof.dr. Bart Fauser, UMCU
- Dr. Irene van der Horst-Bruinsma, VUmc
- Prof.dr. Ineke Klinge, Charité Berlijn
- Dr. Ellen Laan, AMC
- Em. prof.dr. Toine Lagro-Janssen, Radboudumc
- Dr. Sylvie LoFoWong, Radboudumc
- Prof.dr. Angela Maas, Radboudumc
- Dr. Antoinette Maassen van den Brink, Erasmus MC
- Dr. Radjesh Manna, ZonMW
- Em. Prof.dr. Janneke van Mens-Verhulst, UvH
- Drs. Ans Merens, SCP
- Dr. Clara Moerman, Hogeschool Windesheim
- Dr. Greta Noordenbos, UL
- Dr. Jeanine Roeters van Lennep, Erasmus MC
- Ir. Hester den Ruijter, UMCU
- Drs. Jeannet Vaessen, Women Inc.
- Dr. Els Veenis, Min OCW
- Dr. Petra Verdonk, Vumc
- Dr. Loes Visser, Erasmus MC
- Dr. Laura Voorrips, CBS
- Dr. Hedwig Vos, LUMC, Radboudumc
- And others....

Alliance Gender & Health

- Strategy
 - Noise and awareness
 - Facts & figures
 - Media
 - Research
 - Overview of state of the art and gaps
 - Education
 - Overview



19 November 2015, LNVH-KNAW 'Pump your career', Amersfoort.

Linking initiatives

- EU-projects, network (prof.dr. Ineke Klinge) e.g.:
 - Reviewers H2020 projects
 - Gendered Innovations project 'How gender analysis contributes to research'
 - COST Action Gender STE Workshop Ministry of Education, Nov 2013
 - EUGENMED roadmap for gender medicine



The image shows a screenshot of the Gendered Innovations website. At the top, there is the European Commission logo and the text "Gendered Innovations" in a large, bold font. Below this, it says "Methods for gender analysis to create new knowledge". The main content area features a red header with "Gendered Innovations" and "In Science, Health & Medicine, Engineering and Environment". A central image shows a Vitruvian Man figure with the text "Sex and Gender Methods for Research". To the right of the screenshot, there is a graphic with the text "Example of gendered research topics and checklists for different fields" and a small image of a book cover titled "Gendered Innovations: How Gender Analysis Contributes to Research". At the bottom of the screenshot, the URL <http://ec.europa.eu/research/gendered-innovations/> is displayed. Logos for the Executive Agency for SMEs and EASME are also visible.

Publications and the media

32 620 **Beleidsdoelstellingen op het gebied van Volksgezondheid, Welzijn en Sport**

Nr. 101 **MOTIE VAN HET LID WOLBERT**
Voorgesteld 18 december 2013

De Kamer,

gehoord de beraadslaging,

constaterende dat er in de geneeskunst onvoldoende rekening wordt gehouden met verschillen tussen man en vrouw;

constaterende dat vrouwspecifieke geneeskunde bijdraagt aan het bieden van maatwerk zodat mannen en vrouwen gelijke kansen met betrekking tot gezondheid kunnen realiseren;

van mening dat vrouwspecifieke geneeskunde integraal onderdeel zou moeten uitmaken van geneeskundige opleidingen;

verzoekt de regering, in overleg te gaan met de relevante partijen om vrouwspecifieke geneeskunde integraal onderdeel van de geneeskundige opleidingen te maken;



- Publications
 - textbook Female specific medicine (*Fauser et al., 2013*)
- Media
 - Women Inc. press conference Dec 2013
 - Resolution MP Wolbert

Knowledge Agenda Gender & Health

http://www.zonmw.nl/uploads/tx_vipublicaties/ZonMw_170x240_GenderHealthKnowledgeAgenda_def2.pdf



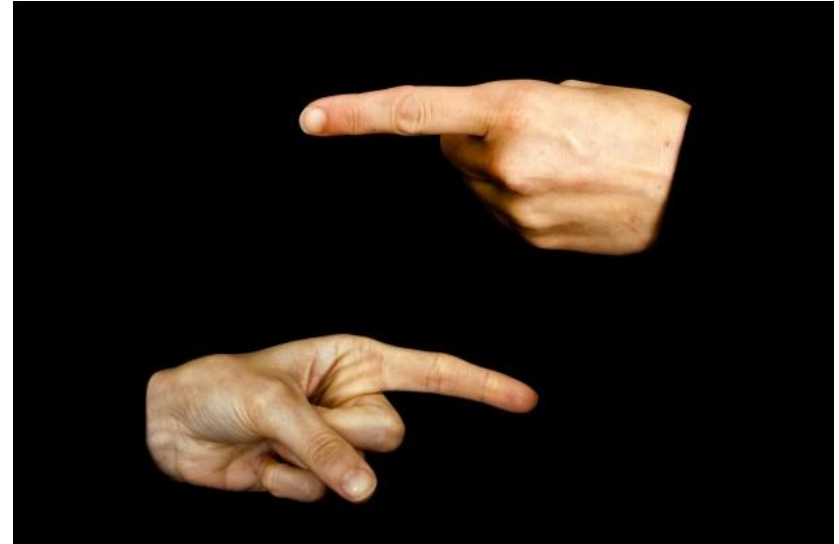
19 November 2015, LNVH-KNAW 'Pump your career', Amersfoort.

Tour UMCs

- Menopauze (h)erkend
 - UMCU 14 May 2014
- Zoek de verschillen: Hart- en vaatziekten M/V
 - Radboudumc 30 Sept 2014
- Proefpersonen gezocht M/V
 - ErasmusMC 29 Jan 2015
- M/V verschillen in de gezondheidszorg
 - VUmc 29 Sept 2015

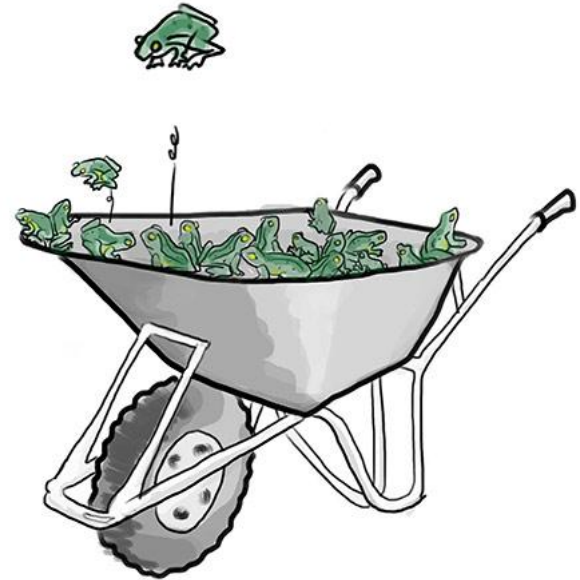
New plans

- The Alliance continues
- Working on research programme
- New initiatives
- New traps too...!



Debates

- Women only or include men
- Biomedical sex differences or gender approach
- Diversity issues
- Business case – cost effectiveness?!



The alliance and me

- Historical insight
- Biopsychosocial approach
- Diversity, intersectionality
- Critical perspective
- Contribution to theory



The alliance and me

- Voice in the wilderness
- Network between and within universities
- Access to expertise
- Interdisciplinary
- Legitimacy and credibility
- Evidence-base
- Fun, and a sense of belonging
- Sense of urgency??



Wouter Bos, chair board VUmc:



“And who pretends to be relevant for human and society, and not just for half of human and society, must take issue with the today exposed bias in our medical care, medical education, and medical research. As VUmc we want to take an unambiguous position in this. Every specialty needs to be familiar with the gender-sensitivity of academic medicine.”

29 September 2015



*Dr. Yolande Appelman
Interventional
cardiologist*



19 November 2015, LNVH-KNAW 'Pump
your career', Amersfoort.

Pumping my career?

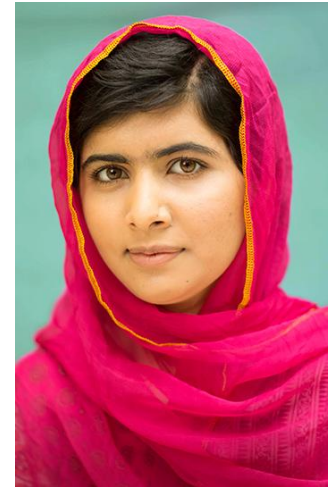
- Gender and diversity, a 'career killjoy'?!
 - Funding issues
 - Publishing interdisciplinary research
 - Research methods
 - Education



Gender and diversity...

- ... is my career
- Masterthesis
- PhD-thesis *Gender matters in medical education*
- Research and education
- Women's movement

Women Inc., Alliance, and you:



19 November 2015, LNVH-KNAW 'Pump your career', Amersfoort.